

The Instagram Bible Study Method

Seeing Scripture through a social media filter – and uncovering the real story beneath the spin.

💡 What's the Big Idea?

social media is all about the *highlight reel* — the most filtered, stylised version of a person's life. This Bible study flips that lens onto Scripture:

- What would get posted, hashtagged, and shared?
- What gets cropped out?
- What lies underneath the curated image?

♦ Step-by-Step: How To Do an Instagram Bible Study

1. Read the Passage Slowly

Use different translations and ask:

- Who's present?
- What's the emotional tone?
- What would someone *not* want to share?
- What would feel unpostable by today's standards?

2. Create the Instagram Feed Version

Imagine someone in the story has an Instagram account. What do they post? What spin do they put on it?

📷 Build Your BibleGram Post

	Your Post
Bible Character	
Instagram Handle	
Profile Bio	
Photo Post	
Caption	
Top Hashtags	
Tagged Location	
Filtered Truth	
Raw Reality	

Reflect and Respond

- What does the character gain by presenting themselves this way?
- What are they hiding? What might *you* hide in their shoes?
- How does this contrast with how God sees them?
- Where do you feel tempted to curate your own spiritual story?